

7.5 Oh No! I Talked About Racism and Made Things Worse

Wed, Sep 21, 2022 9:10PM 37:33

SUMMARY KEYWORDS

ally, children, racism, kiddos, elementary, people, conversations, teach, prejudice, talking, elementary junior, book, activity, coupon code, parents, bias, anti racist, community, anti racism, questions

SPEAKERS

Jasmine Bradshaw

J Jasmine Bradshaw 00:00

You're listening to the First Name Basis Podcast, Season Seven, Episode Five: "Oh No! I Talked About Racism and Made Things Worse."

J Jasmine Bradshaw 00:16

Teaching our children to be inclusive and anti-racist starts with us within the sacred walls of our home. First Name Basis is designed to empower you with the confidence you need to be a leader in your family and a change maker in your community. Together we will wrestle with hard questions and use the answers to create the world we want, a world that reflects our values of inclusion, compassion, and courage. I'm your host, Jasmine Bradshaw, and I am so excited to be on this journey with you.

J Jasmine Bradshaw 00:49

Hello, First Name Basis fam. I am so glad you are here. Okay, first things first, because I am so excited: enrollment for Ally Elementary and Ally Elementary Jr. are open! They are open. I'm so, so stoked. We only open enrollment a couple times a year so that we can work closely with the families in the classrooms and teachers who are enrolled in the program, and so I'm just really excited to finally be opening the doors for you. Enrollment is open today, September 28 through September 30. And if you're not sure what I'm talking about "like what in the world is Ally Elementary?" it is the educational program that we have created for your family or for your classroom so that you can teach your children to be the anti-racist allies that our communities so desperately need.

 01:07

J Jasmine Bradshaw 01:05

So we have two programs. Ally Elementary Jr is for preschool through second graders, and Ally Elementary is for third through eighth graders. And each of the programs is comprised of video lessons and activities. So I have sat down and recorded videos all about really important topics in anti-racism, everything from melanin, and race, and where did race come from, all the way to allyship, solidarity, action, what does it look like to fight against unfairness in our world, so you can snuggle up with your kiddo or you can get settled in with your students, press play on the video lessons and learn about allyship and anti-racism together. Then when you're done with the video lesson, there is an activity that goes with it. So in Ally Elementary, there's a whole workbook, and it's so cool to see the journey that you go on from beginning to the end of this workbook. So after every video lesson, you do an activity in the workbook, whether it be about prejudice and bias, or you're exploring power, you're talking about privilege, there's so many different things that you break down together. In Ally Elementary Jr, I've actually made two different types of videos. So there are lessons where I'm just teaching you about a concept like ethnicity and nationality. And then there are videos where I'm doing the activity with you. So there are hands-on activities, and I want to show you exactly how to do them. So we're mixing paint, we're trying new foods. It's so fun, it's so exciting. And you can either do the activity right along with me as you're watching the video, or you can watch the video and then do the activity afterwards.

J Jasmine Bradshaw 03:16

So I'll give you more of a breakdown at the end of the episode about the different lessons, exactly what's in it and what you get with your investment in one of these programs. But I just wanted to tell you that it's open. We are open for enrollment now until September 30. And if you are interested in getting a coupon code, listen up. So if you're on our regular email list, you get our Fam Favorites emails on Saturdays, you probably already have a coupon code in your inbox. But if you're not on our email list yet, if you're not getting our Fam Favorites newsletters, then just go to firstnamebasis.org/sneakpeek, and you can get a coupon code as well as a sneak peek into Ally Elementary and Ally Elementary Jr., and I will put that link in the show notes. If you just want to learn more and you're like, "I just need to know exactly what this is right this instant," just go to firstnamebasis.org/allyelementary. I'll put that link in the show notes as well. And you can just go to firstnamebasis.org/allyelementary, poke around, see what's on there, get a sense for my style and what it would look like to be in the program with your kiddos or in the program with your students. It's amazing.

J Jasmine Bradshaw 04:28

Honestly, all I am so proud of us. I'm so proud of us for being on this journey together. We have had over 100 podcast episodes. And I have been able to take so many of the topics that we've broken down in these episodes, so many of the conversations that we've had as grownups, and I've distilled them down into an opportunity for children into this opportunity for us to take our values, what we value together: anti-racism, inclusion, social justice, and I've put them into this package so that you can just press play and get right to the work together. So firstnamebasis.org/allyelementary if you just want to check it out. [Firstnamebasis.org/sneakpeek](http://firstnamebasis.org/sneakpeek) if you need a coupon code; y'all know I am a gal who loves a coupon code. So get yourself that coupon code and go enroll. I can't wait to see you on the inside of Ally Elementary.

J

Jasmine Bradshaw 05:23

All right, so today we are breaking down something that is so important, because I have heard from a lot of you that you feel this way: Oh, no. I talked about racism. And I feel like I made things worse. Oh, it's not funny! It's like laugh to keep from crying type of thing. Because it is hard! It's heavy. And I'm so proud of you for telling me that this is what you're experiencing so that I can provide support to you.

J

Jasmine Bradshaw 05:50

All right, so here's how this episode will go. First, I'm going to share a couple of things that I heard from white parents who have white children, or parents who have children who hold white privilege, and their responses after they're talking about racism. And then I will share ways that we can support children of color when we're having conversations about racism. All right, so starting with our white parents who have white children or parents who have children who hold white privilege. I hear from y'all a lot that you're like, "Okay, I did what you said. I started to talk about racism with my kid, and it totally backfired, thank you very much." And the thing is, I have heard this from parents from all over. I've heard it from parents within our First Name Basis family, and I've heard it like, randomly at the park. Some mom that I just met and just started talking to told me that this happened to her. And it made me laugh, because so y'all know my mom is a psychologist. I've recorded a few episodes with my mom — shout out to Lesley Telford. Dr. Leslie Telfer, I should say. And one of the funniest things that she told me when I was growing up is that whenever she's on a plane, she does not tell people what she does, because then they will, you know, think they get a little bit of free therapy, and tell her their whole life story. And she's like, "I'm just trying to be on this plane. And I'm just trying to get from point A to point B." And so she'll just like, make up a profession, whether she's like, "I'm a waitress, or I'm a teacher," she'll just randomly say something. And so sometimes when I'm at the park, and I'm not interested in talking to people about race, I'll just do the same thing. I take a page out of my mom's book, because almost every time I tell white parents that I am an anti-racist educator, they have a story or a question or something. And I totally understand. I am so happy to support you when I'm working, like when I am on my working clock hours. But when I'm at the park with my kiddo, like, I'm not super excited to talk about racism.

J

Jasmine Bradshaw 07:48

But I say all that to tell you that I've heard this from parents from all over, parents who are being really intentional about talking about race and racism and social justice with their kids, like you, the person who pressed play on this episode today, and parents outside of our community who were like, "I tried it, and it didn't go well. And now I'm a little nervous. And I don't know if I'm ever going to do that again." So here's what you're noticing. After you white parents talk to your white children about racism, they are starting to say things that are racist, or they're starting to say things that express bias or prejudice. And you're like, "What? This is literally the opposite of what I was trying to do! I was trying to teach you not to say those things and not to do those things. But you're actually doing the opposite of what I want." Now, this is where I have to tell you about another episode that I made. It's called "Oh No, My Child Said Something Racist!" It's Season Four, Episode Four. I'll put the link in the show notes. And

it's basically just a guidebook for what you should do when your child says something racist. I have a framework. It's called the Five Bes, and you can go through the Five Bes and figure out how to respond to the situation. But if you are talking to your children about racism, and you're noticing that after you do so, they are expressing bias, they are talking about their prejudices or they're even saying racist things, I just want you to, first, take a deep breath, because this is actually very, very common.

J Jasmine Bradshaw 09:18

So in one of my favorite books about teaching anti-racism to children, it is called "Anti-Bias Education for Young Children and Ourselves" by Louise Derman-Sparks and Julie Olsen Edwards. They say quote, "As children first begin to talk about identity and fairness, they may make more, rather than fewer, biased comments than before. But such comments are a natural part of the anti-bias process. It takes many attempts before they learn a new way of thinking about difference, so children need to be free to ask questions and share their ideas." End quote. So if you're having conversations with your kiddos about differences, social justice, and racism and you're noticing that they're actually starting to make more biased comments, this is very common. It doesn't mean that you should just let it go or not do anything about it, but it's very common.

J Jasmine Bradshaw 10:12

And I actually want to encourage you to think of this as something that is helpful for your parenting. Now, don't get me wrong, I am not saying that it is a good thing that your children are expressing prejudice or racism. It's never good when our kiddos are holding on to those ideas. But I do think that it's helpful for them to say it out loud, especially to you, because that means that you can do something about it. When they are saying these things this means that you have successfully opened that line of communication, and that your child trusts you. They feel like you are a safe place where they can come to ask important questions. And that's something that you should celebrate! You have opened the door. And now you are the person that they come to, to ask about this stuff, because the reality is, if we are not teaching our children about these concepts, society is going to teach our children. And here at First Name Basis, we believe that racism is a systemic issue that we have within our society, and that it is our responsibility to do something about that.

J Jasmine Bradshaw 11:21

Now, if you are feeling like, "Wait a minute, racism is systemic. How do I understand that? Please explain that to me," I will link another episode in the show notes. It's just called "Racism 101," and that is a good place to go to learn about that. Here's the other thing, my friends, research shows that children begin to develop racial prejudice before they are even in preschool. And a lot of our kids are going to preschool at three and four years old. So if you're having these conversations with your four-year-old, you're probably going to notice them express bias afterwards. Because what they're doing is they're taking the information that you're giving them, they're tumbling it around in their brain and trying to make sense of it. And what they're noticing is that the thing that my parents or my teachers are telling me does not match the society that I see around me. So they're thinking, "I should probably talk to someone

about this, so that I can figure out what's really going on here." And that is when they come to you. So celebrate that. Celebrate that they are coming to you, and then do what you need to do to respond to those prejudices or any racist comments. And like I said, I have an episode is called, "Oh No, My Child Said Something Racist," and it gives you an entire framework for what to do when that happens.

J Jasmine Bradshaw 12:40

I kind of like to think of this as like airing out our kiddos and the harsh, yucky things that they've picked up from society. I was thinking about one time when we went to California when Violet was younger. I think she was probably maybe two, and we were on our way to the beach and she threw up everywhere. We literally pulled into the parking spot and she like projectile vomited all over the car. And I was like, "Okay, I was really not in a great place to be handling this throw up because I started wiping it up with baby wipes instead of the towel that was literally in my trunk because we were going to the beach. But anyway, so she threw up, I'm wiping up with baby wipes, and I'm like, obviously we just have to go home, like, she's sick. I don't know what's going on. So let's just leave. We went back to the Airbnb. And it was like a series of unfortunate events. We stopped at the grocery store to grab some frozen pizzas to throw in the microwave, because we were starving, we were going to eat dinner at the beach. They did not cook all the way. So they're like boiling hot on the outside, like burning, and then in the middle, they were frozen. Violet had somehow gotten a hold of like these little tiny coffee creamer packets that were in, you know those little cups that they give you like at a diner or at IHOP or something. They were in the Airbnb, and she just found them. I think they were under the sink. She found them and she put one in her mouth, bit down on it, and sprayed it all over the place. And I was like, "Oh my gosh." So I walk out to the car because I'm like, "I need to go and grab some cleaning stuff to get the coffee creamer out of the furniture," and it just reeks. It stinks because she threw up all over! It was so gross. And so I was like, "Okay, this puppy needs to air out." And so I opened the doors and I was like, "Everything else has to wait while this gets aired out so that I can actually breathe when I get back in there."

J Jasmine Bradshaw 14:51

See that is what I think about the yucky ideas and the racist, prejudiced ideas that our children have picked up with. We need to air them out. We need to open it up, we need to air it out, let that stinkiness get out of here, clean it up and replace it with the truth. Because here's the thing: I learned this from Britt Hawthorne years ago, and I'll link to her book "Raising Anti-racist Children." But if we do not teach our children, anti-racist principles, if we do not teach them the truth, they will start to believe that the racist ideas that they've picked up from their environment are right and okay and true. Which they're not. So let me help you understand a little better. Britt was explaining that we teach our children everything they need to know, We tell them how to tie their shoes, how to brush their teeth, we tell them which side of the sidewalk to walk on when you see another person coming down and you need to move out of the way, right? We help them with everything. So if we don't talk to them about racism, or if we don't confront the prejudices that they're expressing, they're going to start to think that what they believe and what they've internalized from the systemic racism around them is right. They're going to think it's okay, because they're going to think, "Well, my parent, my teacher, they correct me every other time. They tell me how to grab my laces so that I can make the perfect bow on my shoe. They teach me how to ride a bike, they helped me understand the

difference between things that are kind and things that are unkind." If we are teaching our kids all of those things, but we are not taking the time to really break down what is racism? How is it playing out in your life and in the lives of people around you? And what do you do about it? Then they're going to think that the things that they've internalized from our society are the truth. And nobody wants that. So if you begin talking about racism, and you notice that your child expresses prejudice after that, it is actually something that is helpful to you. Because it's a giant sign of like, here it is, here's the issue, here's the stuff that you need to be working on with this kiddo. It's helpful.

J

Jasmine Bradshaw 17:11

Now, I've talked a lot in this episode about how racism doesn't need to be explicitly taught and how children can pick it up from the environment that we all live in. This is a big concept. And I want to point you to our first two episodes ever on the podcast: Season One, Episode One: "Talking to Young Kids About Race, and Season One, Episode Two: "Talking to Older Children About Race." I'll link them both in the show note, because I go into detail in those about how the environment really affects the ideas that our children are picking up about race. You don't ever have to say something explicitly racist in order for your kiddos to start picking those things up.

J

Jasmine Bradshaw 17:48

Okay, so that's the first thing that I hear from white parents. The other thing that I hear from white parents with white children, or parents with children who hold white privilege, is that their children are saying, "Oh my gosh, I'm so grateful I'm white," or "I'm so grateful I don't have brown skin," after you explain racism and how it works and what it looks like. I mean, talk about yikes. Like, oh my goodness, this just doesn't feel good at all. Again, take a deep breath. Take a minute, let's get to the heart of this issue together. The thing that your child is missing, and the thing that they need to understand is that skin color is not the problem here. Racism is the problem. Skin color is a great thing. Skin color is the thing that should be celebrated and embraced. Racism is the issue. So you have just finished explaining racism to your child, and you basically told them, "We have a structure in our society in which people with brown skin and dark skin are treated unfairly so that people with white skin can hoard power and resources." Ooh, that was probably a heavy conversation. That was a conversation that could probably be aided by Ally Elementary or Ally Elementary Jr. Shameless plug. But you have just dug into the yucky unfairness, the reality of this unfairness in our society. And so now, your child is saying, "Well, I'm so grateful that I'm white." But what they're really saying is, "I'm so grateful that I am not the target of this unfairness." So what you need to help them see is, it's not about their skin color. It's about unfairness. And it's about the fact that we don't want anyone to have to experience that unfairness. And it's your job right now to teach your child that they have a responsibility to help fix our communities so that this unfairness does not persist. Really dig into it and help them see no one wants to be treated unfairly, and no one should be treated unfairly. And that's why we have a job to do as people who hold white privilege. When I say we, I'm talking as if I'm you, because obviously, I'm Black-biracial, and don't hold white privilege. But does that make sense? Something that can sound so jarring and unsettling, like, "Oh, I'm so grateful I'm white." Yuck, no, we don't really want our children thinking that way. We want them to see that this unfairness stinks and there's something that they can do about it.

J

Jasmine Bradshaw 20:38

So I hope if you're a white parent listening, that you feel like you have a few tools, new tools in your tool belt, so that when you are having these conversations about racism, and when your children are responding, you know what to expect, you know what's common, and you can move forward together. Okay, let's transition into supporting children of color. Now, the first thing I want to say is that if you are a parent who is a person of color, and you have a child who is a person of color, I just want you to know that you know your kiddo best. And I want you to just think about what you needed at this age. What support did you wish that you had from teachers, from mentors, from people in your community, or even from your parents? Maybe you had a white parent who wasn't willing to have the important conversations about race and racism with you. What did you need from those people? And how can you give that to your kiddo? So these ideas that I'm going to share are exactly that. They're the things that I wish that the white grownups in my life outside of my own family would have done to support me.

J

Jasmine Bradshaw 21:40

The first thing that's important to understand is that this support comes long before conversations about racism. We need to be preparing an environment for our children of color. We need to be preparing an environment where they see people who look like them, representations of themselves, of people who are doing amazing things. But it's important that this representation includes both famous people, celebrities, athletes, activists. People that they don't know and people that they do know within their own life. That representation of knowing someone who is doing something good, and they look like you. There is research behind how positively that affects children of color in their emotional development and their mental health. It is just so good to be able to know another person, both your age and people that you look up to who are older than you, who are doing amazing things. Another thing that we can do to support children of color is to make sure that we are teaching them about their history and their heritage and where they come from, about their identity, from a place of abundance and positivity and excitement. A lot of times, and I'm sure you've heard me say this before, but a lot of times, Black history is taught from a place of suffering. Lots and lots of suffering. But I want to argue that that's not Black history. That is the history of white supremacy. Black history is a history of ingenuity, of brilliance, of excitement, of perseverance. And I know that other histories of communities of color are full of those same stories. So before we get into the struggle that is racism and white supremacy, let's ground our children of color in the amazing histories of their ancestors.

J

Jasmine Bradshaw 23:29

Okay, so now that we have given our kiddos a lot of tools to feel super good about themselves and where they come from, it's time to have that conversation about racism and about unfairness. And one of the things that is super important that we make sure we do while we're having that conversation is teaching our children where to look to find allies. We have to teach them who is safe for them. When they leave the walls of our home, where do they go to find support? If something racist happens to them or around them, who can they turn to? What can they do? Are there grownups that they can trust? Are there other people their age that they

know they can depend on in those situations? So helping them identify what are the characteristics of an ally, and how can I find one to support me when I'm in my time of need, can be so so powerful for our children.

J Jasmine Bradshaw 24:23

We also want to provide them with space to process. So after we're having conversations about racism and the heaviness of it, we want to give them ideas about how they can reflect on what they're feeling based on what they've learned. Whether it be creating something, journaling, going outside and moving their bodies. You just want them to know that you're there if they want to process verbally, but it's also okay for them to process on their own and that there are lots of different ways for them to do that. So just give them the space and ask them, "What do you need right now? How can I support you? I will always be here if you want to talk, but if you want to draw, if you want to write about it, if you just want to go outside and run because you're feeling so frustrated, and you don't want it pent up in your body, go and do those things." Because that piece of the conversation is just as important as the meat of the conversation, if you know what I mean.

J Jasmine Bradshaw 25:18

And one of the things that I wish I had known about when I was growing up that I really want to make sure is on your radar is this concept of internalized oppression. Internalized oppression is when people from marginalized groups pick up and hold inside the untrue garbage that has been taught to them about their group from the society. Now I mentioned Britt Hawthorne's book. And in her book, "she has a lot of people contribute, which is one of the things I love about the book" and Dr. Kira Banks is another anti-racist educator and researcher. And she has actually encouraged us to move away from the term of internalized oppression and begin calling it "appropriated racial oppression." And the reason she says this is because it's important that we understand that just because this is something that we have internalized at one point doesn't mean that it's stuck there forever. And I have plans to do a whole episode about this because it is so so critical for us to understand, both for our children and for us as grown up people who have experienced racism and racial oppression. But basically giving your child the space to air out the negative things that they've picked up, so that you can work together on figuring out how they can internalize truth about who they are can be a really powerful practice. And it's something that they'll probably be working on for a while. I'm still working on this. This is something that I'm working on all the time. And it's really good for me to know who is safe, who can I go and tell these yucky parts of what I think about who I am to, and are they going to be able to give me the support I need to come out on the other side of it.

J Jasmine Bradshaw 27:02

Now, I know that I started off by talking specifically to parents who are people of color. And I know you'll know how I feel and what I'm talking about. But I also know that there are a lot of parents in this community who are white or benefit from white privilege and have children who are people of color, children who are darker than them and are going to deal with these things. So I hope that if you are one of those parents, whether you're in an interracial relationship, or

your child came into your family through adoption, I just hope that by sharing these things with you, by sharing the support that I needed with you, you'll be able to give that support to your child or to the other children of color in your life.

J Jasmine Bradshaw 27:43

Oh, all right. So we covered a lot of really important ground today. And I hope this gave you a little boost that you need to start talking about race and racism with the children in your life. And I just want to tell you all about Ally Elementary and Ally Elementary Jr, so that you can have a landing place if you're ready for those conversations. This is a really great place to start if you haven't started yet. Or it's a great opportunity to continue the conversations, because as my friend Alex from Ditto Kids says, "We don't tell our children to brush their teeth one time and then expect them to do it for the rest of their lives. We remind them morning and night and we tell them how to do it right." So the same thing goes for antiracism. We've got to do this early, we've got to do it often. And we need to remind them how they can do it in a way that will be really beneficial to the community around them. So let's break down Ally Elementary Jr. Ally Elementary Jr is for preschool through second graders. And it's so fun, because as y'all know, I used to be a second grade teacher. So it was really fun creating Ally Elementary Jr and thinking of "I had my little students' faces in my mind as I was creating this program. But there are four different sections. And each section has video lessons as well as hands-on activities. So the four sections are Melanin, Identity and Culture, Bias, and My Allyship Toolbox. So you can kind of see how we start with something as basic as melanin and continue all the way through bias and prejudice. And then we end up at My Allyship Toolbox so that you can feel like, "Okay, what do we do now after we're finished with those video lessons?" So each video lesson answers very important questions like What is the difference between ethnicity and nationality? What is culture? What is race? These are all really important questions that I feel like a lot of adults don't know the answer to, so it's really cool that we're giving this information to our children. And each concept "so melanin, identity and culture, bias, allyship" each concept has a hands-on activity that goes with it. So we are painting, we're trying new foods, we're collecting items from our culture, and then we are creating an allyship toolbox and talking about the different ways that we can be allies for one another. So you're watching these video lessons where I'm explaining the concepts in ways that our little ones can truly understand. And then you're doing a hands-on activity to make sure that the information is snuggling its way into our kiddos' hearts and minds. And we added a little bonus to Ally Elementary Jr. There's an activity book that goes along with it. And it is so fun. It's puzzles, dot-to-dot activities, color by number. There's things that your kiddos can do on their own, like coloring, and then there's things that you can do together, like cutting things out and gluing together. It's so fun. And it's really meant to keep the conversation going after you finish the program.

J Jasmine Bradshaw 30:53

So you do your video lessons, you've got your hands-on activities, and then you also have an activity book for later so that you can come back to these concepts and continue to talk about them after you're done with the bulk of the program. So that is Ally Elementary Jr. Now moving on to Ally Elementary. Ally Elementary is geared toward third through eighth graders, and it has a very similar structure. There are five sections and there are video lessons within each section. The five sections are Melanin, Race, Racism, Privilege and Fairness, and Solidarity and Action. And each of the video lessons answers really important questions like Where did race

come from? What is racism and what is privilege. Now Ally Elementary Jr is an introduction to these concepts, but Ally Elementary is where we go into depth. I tell the story about how race was created and where it came from and what it looks like today. We talk about the different racial categories, and how people don't fit neatly into those boxes and what that means for our society. And Ally Elementary has a workbook that goes along with it. So each video lesson has a workbook activity that corresponds with the concept that you're learning in the lesson. So in these activities, I give examples and scenarios where children can practice determining the difference between bias and fact, prejudice and observation. We analyze power and we practice identifying who holds the most power in different situations and what does that mean. We create an identity chart and talk about the different parts of our identity that hold privilege. It really is an in-depth way to talk to your children, or your students, about the main topics of anti-racism. So we've got these video lessons where I'm teaching these concepts, we've got the workbook that goes right along with it to help your students or help your children cement these ideas into their brains, and we also have a bonus. We have a Little Allies Activity Book. So this is meant for families who want to do Ally Elementary with their older kiddos, but they need something for their younger kiddos to do so that they feel like they're in on the action. So the Little Allies Activity Book has coloring pages, it has a maze, it has all these different things that they can be working on. And it's very inclusive as well, so that they can be doing this while you're sitting down with your older ones and having these in depth conversations. Now I do need to point out that this activity book, Little Allies Activity Book is different from the Ally Elementary Jr activity books. So if you want to get both programs, you'll get two different bonus activity books that go with it. And I think they are so fun.

J

Jasmine Bradshaw 33:43

The other thing is that when you enroll in Ally Elementary or Ally Elementary Jr, you are added to a private Facebook group with other parents, teachers, and caregivers who are also enrolled in the program. So you can go there, you can ask questions, you can talk about your wins and your "aha" moments. And I'm there too, so if you have any questions for me, you just share them in the group and I'll be able to answer them for you. The great thing is that as families and classrooms enroll in Ally Elementary and Ally Elementary Jr, the group continues to grow. So we have people in the Facebook group who have gone through the entire program before you. So it's a great opportunity to ask your questions to other parents and caregivers and teachers who have already done it. They've been there. They've done that. They've fielded the questions from their little ones, and now they're there to support you. And so am I.

J

Jasmine Bradshaw 34:36

So come join us in Ally Elementary and Ally Elementary Jr. We also have a bundle option. So if you have kids all the way from preschool up to eighth grade, you can get both programs at a discount. It's gonna be so amazing. I want to remind you that enrollment does close on September 30. And we're not going to open it up again until 2023. So if you want to get in on the action, make sure that you enroll today. Just go to firstnamebasis.org/allyelementary. And just a reminder, if you want a coupon code and you're not on our email list yet, go to firstnamebasis.org/sneakpeek. That coupon code will immediately be sent to your email and you can use it to invest in these amazing programs, invest in this amazing opportunity for your

family or for your classroom. I'm so excited. I'm so excited to get to know the families who are going to enroll and the teachers who are going to enroll. It's such an exciting new chapter when we get to connect with each other.

J Jasmine Bradshaw 35:35

Okay, I hope this episode was helpful. I hope to see you on the inside of Ally Elementary or Ally Elementary Jr. And I just love you. I love you so much and I can't wait to talk to you soon.

J Jasmine Bradshaw 35:48

My friends, thank you for being here. I hope you can feel how much I believe in you, and how deeply I know that when we work together, we can make real change in our communities. Any of the books or podcasts or articles that I referenced will be linked in the show notes. If you are looking for more detailed notes, be sure to head over to our Patreon community. On our Patreon site I provide all of the outlines that I use to make the episodes and everything is linked there so you don't have to take furious notes while you are listening. And don't forget to join us over on Instagram at [firstname.bases](#). If you're interested in partnering with First Name Basis or doing some kind of collaboration, please email us at hello@firstnamebasis.org. All right, have a great week my friends, and I will talk to you again soon.