

3.21 How to Teach Media Literacy to Our Children with Tori N...

Tue, 8/2 9:07PM 35:40

SUMMARY KEYWORDS

news, children, tori, people, podcast, journalist, media literacy, kids, teacher, important, story, citizen journalist, questions, heard, sources, read, topic, world, parents, feel

SPEAKERS

Tori Nelson, Jasmine Bradshaw

J Jasmine Bradshaw 00:00
You're listening to the First Name Basis podcast, Season Three, Episode 21: "How to Teach Media Literacy to Our Children," with Emmy award-winning journalist Tori Nelson.

J Jasmine Bradshaw 00:18
Teaching our children to be inclusive and anti-racist starts with us within the sacred walls of our home. First Name Basis is designed to empower you with the confidence you need to be a leader in your family and a change maker in your community. Together, we will wrestle with hard questions and use the answers to create the world we want, a world that reflects our values of inclusion, compassion, and courage. I'm your host, Jasmine Bradshaw, and I am so excited to be on this journey with you.

J Jasmine Bradshaw 00:53
Hello, First Name Basis fam. I am so glad you are here, and I cannot wait to share this interview with you. I feel like I've been sitting on it for ever. This has been one of my dream guests for a really long time. And it was one of those people that I was like, my heart was pounding as I reached out to her, I was so nervous because I admire her so much. I had the pleasure of interviewing Tori Nelson. Now Tori is the founder of a podcast that's called KidNuz. It's actually spelled Kid N-U-Z, KidNuz. And you can listen to it wherever you get your podcasts. And every single morning, they have a little podcast just for kids. KidNuz is fantastic, because what they do is they look at all the news that's going on in the world, and then they boil it down to about six different stories that they feel like are important for children to hear about. So they do a really good job of explaining the range between things that are good and exciting and things are a little bit harder in the world. And it's just a daily way for our children to become up-to-date on current events.

J Jasmine Bradshaw 02:07

And a couple of years ago, I spent some time in the classroom learning from another fantastic teacher. And this was during the first impeachment of President Trump. And if you can imagine being a classroom teacher at that time, it was really difficult. The teacher that I was working with, we would look at each other and be like, "What do we tell these children about what is going on in the world?" And we found ourselves constantly turning to KidNuz, because they knew exactly how to say it. They gave the facts, and they just told the children, "Here's what's going on, here's what you need to know," no more, no less. They didn't tell the kids what to think or how to feel. They just told them the news. And I was so grateful because especially as a teacher, you don't know what children are hearing at home. And they are getting these interesting versions of the story, right? But it was so nice to have something to ground ourselves in in the classroom. And I thought wow, if she, if Tori and her team can do this amazing job talking to children about an impeachment of all things, I bet she would be a fantastic person to teach us how to talk to our kids about media literacy.

J Jasmine Bradshaw 03:22

What I've heard from you is that you're having a hard time helping your child choose really strong sources. As parents, we want our kids to be reading accurate information, good information that's going to help them understand what's going on around them. And what you have told me is that it's getting more and more difficult for your child to discern where to get that accurate information. So I asked Tori all of these questions: how do we teach our kids to choose good sources? What do we teach our children about bias? All of those different things. So let me tell you a little bit about Tori because she is amazing, and then we'll get into the episode.

J Jasmine Bradshaw 04:03

Tori Nelson is the founder of KidNuz, and is an Emmy Award-winning broadcast journalist with 27 years of experience. She first worked as a radio reporter in the New York metropolitan area and then in the San Francisco Bay area. For 19 years she was co-anchor of the region's number one morning newscast. Tori has done a variety of volunteer work, including producing and recording a weekly one-hour program reading news articles for the blind. When she's not working, Tori spends her days cooking, exercising and reading. She has two grown sons and lives with her husband in Singapore. Now do you see why my palms were sweating when I sat down to interview her? She is an actual rock star. So I hope that you will learn as much as I did from my interview with Tori Nelson of KidNuz.

J Jasmine Bradshaw 05:03

Okay, I am here with Tori Nelson. And as you guys know, I have been so excited for this interview. Tori, welcome to First Name Basis.

T Tori Nelson 05:12

So thank you so much, Jasmine. It's great to talk with you.

J Jasmine Bradshaw 05:15

Yeah, I'm so excited to dig into this topic of media literacy with our children. One of the biggest questions I got, especially during this past election season, was, "How do I teach my kids what to look for when they are reading the news and when they are digging in?" But first, we have to get into what you're doing now, which is KidNuz. That's how I found you. Can you tell us what's the origin story behind KidNuz?

T Tori Nelson 05:39

Yeah, it's a really interesting story. And I think you know, you as a mom can relate to this. It was actually a former colleague of mine who we worked at a television station in San Francisco together. And she was a world class producer, loved the news, loved to know what's going on. And she was so excited when her kids started getting curious about it. But they...she wanted to kind of protect them a little bit from the everyday news, because some of it can be kind of upsetting. And she said she just got tired of every time her young kids came in the kitchen for breakfast, she'd have to turn over the front page of "The New York Times." And she said, "There's got to be something out there that tells kids what's going on the world without freaking them out," basically. And she looked and looked and looked and couldn't find it. And she said, "You know, I can't be the only one looking for this." So she contacted me and a couple other of our former colleagues, and that's how KidNuz came about. It's interesting. The hardest part for us to get started was to find the right name for the podcast. So we spent about six months, you know, digging and digging and brainstorming. And then KidNuz finally, finally came to me.

J Jasmine Bradshaw 06:51

Well, it catches the eye. Every time I had it on the board and someone would walk by, they'd be like, "What is that?" And I'm like, "Oh, that's KidNuz. It's a podcast, you have to listen." So media literacy really seems to be more important now than ever. And I'm wondering how can we teach our kids to evaluate sources when they're doing research, or when they're reading the news.

T Tori Nelson 07:13

Yeah, that that is an excellent question. And you know, and honestly, this is relevant not just for kids but for adults also, I think. So, you know, my first bit of advice is to be skeptical. And also to find out...if you hear something from one source, see if you're hearing it from another source, also. And we still do this with KidNuz. If we see something on one media platform, we'll say, "Okay, well, what are other sources saying? What are other reports saying?" and kind of try and compare the two. I think that's really important. And also take a look at your source and see if it's something that you know, you feel is accurate or reliable. One example I like to give, I think that's appropriate for children is, for example, a child might hear about a study that said, "If you eat one candy bar a day, you're gonna get straight A's." And so they rush home to their

parents with, "hey mom and dad, I," you know, "here's a study, it says I can eat a candy bar a day to get straight A's." And you need to step back and say, "Wait, really?" Like, "Let's look and see who did that study. Oh, wait, it's a candy bar company. They're just trying to sell candy bars." So you can always you know, take a look at the source and see what their objective is. What are they trying to do? There are a couple really good websites to check out. This might be for older kids, maybe parents could do with their children. Snopes.com. S-N-O-P-E-S. I actually just looked at them recently to see kind of what people were looking at. And one story they were saying was untrue, was that, you know, some people were saying Prince Harry and Megan Markel had set up kind of a GoFundMe page to buy a house. And it was a fan who had done it, but not them. And you know, they I think \$110 was raised before it was shut down. But that that is kind, of I would say, the grandfather of fact checking. I mean, there is factcheck.org. Pro Publica, any websites that end in .gov or .edu. You can pretty much rely on National Geographic, and then you know, some of the sources that I feel are reliable, other families may not, so it kind of depends, you know, what your, what your background is or what you've grown up with. But I think it is important to double check and get multiple sources if you're kind of questioning the accuracy of a story.

J Jasmine Bradshaw 09:47

I love that. So be really sure to check more than one place. And then if you can see that the facts are aligning, then that's probably the closest to what the actual story is.

T Tori Nelson 09:58

Yes, yeah, exactly. Exactly.

J Jasmine Bradshaw 10:01

Okay. Okay, that's such good advice. And you have been a journalist for over 20 years. It's amazing. So as a journalist, how have you seen the culture around the news media change during your career?

T Tori Nelson 10:18

Yeah, it's been quite a change. I mean, when I first started as, you know, what we call "cub reporter," computers were just in its very early, early stages. So we still had the printer for the the wire service, the Associated Press, and it was called rip and read, where you just rip out the headlines, and then go read them on the radio. And I think the, there's been a couple of major changes. And I think the first one is switching to the 24-hour cable news for television. And suddenly, you have all this time you need to fill, so you have to create content, and so that, you know, generated a lot more content out there, some good, some bad. And then obviously, the biggest change has been the Internet. And then social media, and just how quickly that can spread. And whether it's, you know, true or false, sometimes it's hard to, to verify. So that has been, you know, such a big challenge. And anyone with a blog can pretty much say anything. I got in a discussion, we'll say with a family member, about citizen journalists and the importance of citizen journalists. And I said, "Well, there are some cases where a citizen

journalist is very important. In countries where you don't have a free press you need to have people who are reporting things the government doesn't want you to know. But in places where you do have a free press, you have to be very careful about trusting a citizen journalist, and there's a reason professionals train and become a professional. And, you know, would you want to have a citizen teacher teaching your child, or want to have a citizen lawyer, you know, defending you in court? Would you want to have a citizen doctor, you know, treating your illness? So do you want your news to come from a citizen journalist?" So you, like, you know, it goes back to just having a healthy sense of skepticism, especially in this day and age. And obviously, I'm very passionate about journalism. I'm a second generation. My father was a journalist also, though mainly in print. And I just feel it's so important to support that. And even though you do have to pay sometimes for access to it, I feel it's important to support that if you can.

J Jasmine Bradshaw 12:36

Yeah, absolutely. And I've noticed that you're paying either way. So either you're paying for your subscription to maybe quality information, or you're paying in the sense of you're seeing a lot of different ads and things like that.

T Tori Nelson 12:50

Exactly, exactly. And I know, sometimes it's annoying. You're like, "Oh, my gosh, all these ads are popping up." But you're getting this news for free. So I mean, you have ads on, you know, TV, or, you know, in the magazine or that type of thing, too. So yeah, you're right.

J Jasmine Bradshaw 13:04

Mm hmm. So I've noticed a lot in recent years that there have been efforts to really undermine journalism. I'm wondering what parents can do to combat that notion that journalists are untrustworthy.

T Tori Nelson 13:20

Yeah, that's, that is so important. And, you know, again, it gets back to, you know, for me my passion of the importance, the power, of the press, the importance of the press. And I don't think you really realize how important it is to have a free press until you don't have it. And do you want the government just telling you what it wants you to hear? And that's essentially propaganda. And, you know, if you've had a chance to travel at all you I've been in places where there is only one mouthpiece to tell you what's going on, and there's not someone else who's giving a different perspective. The local newspaper where I lived in Danville, California had a quote on the banner every single morning from Thomas Jefferson to emphasize the importance of a free press. He said, "Our liberty depends on freedom of the press, and that cannot be limited without being lost." And so you need to have kind of, you know, the fourth arm of government to hold government accountable and is what they're saying true. And you can't have that unless you have a free press. And I heard a great example of this also for just a little example. So if you've got two different sides saying, you know, two different things.

So one side, for example, says it's raining outside and the other side saying it's not raining outside. Our journalist job is not to just report, "This is what one side says, this is what the other side said." The job of a journalist is to go outside and report weather. And the problem though is that if the one side who says it's not raining, if it is, he doesn't agree. And he'll say, "Oh, well, that's fake news. That's not true." So, you know, that's where you get a little, I guess, disconnect, you know, in what's accurate and what's not. And I think that's where this underlying current is, as you said, of kind of, you know, "journalists aren't trustworthy." You know, I guess there are journalists who are very subjective, or, you know, have their opinions, but I don't consider those journalists. I consider those kind of analysts, you know, who are giving their spin on something. And so it's important to know that there are journalists out there who are doing their best to just tell the facts and the truth.

J

Jasmine Bradshaw 15:44

Do you have any tips for how we can spot a journalist versus an analyst?

T

Tori Nelson 15:49

Um, yeah, that's a that's a good question. I, you know, I mean, some of it... Again, you know, in a newspaper, you know, there's obviously the opinion section or, and then if you're watching television, there are people who, if they're clearly just saying one side, you know, then they're not being objective if they're clearly supporting it. And I also heard somewhere, which I think is true, if you are watching only news that you agree with all the time, you're not getting a good, diverse balance of news. So I do try and watch news sources from multiple different viewpoints and read newspapers or websites that give a variety of views on on the world so that I'm hearing it kind of from all sides. And that's also what we try and do with KidNuz is to look at multiple different platforms. And we also make sure that we credit where we heard the story from. So actually, I was working on a script just before we started talking, and I found a pretty cool story in the local newspaper here called the "Straits Times in Singapore" and about Singapore opening up one of the largest floating solar farms. And so you know, I said, you know, "As reported in the Straits Times..." so we try and make sure that we give our sources as well, so people know where these stories are coming from.

J

Jasmine Bradshaw 17:15

I love that, and I try to do that with my podcast, too. Everybody knows that if I say something, you can find it in the show notes. You've just got to go and click and read it for yourself. So that's a really good practice. And that leads right into our next question, which is about bias. I think that that's something that a lot of people worry about. And something that I've tried to help people understand is that as people we hold bias, and so it's really hard to make something that is completely unbiased, but you can tell some people who are trying and some people who are not. You mentioned that. So what should we teach our children about bias?

T

Tori Nelson 17:49

Well, I mean, I think it's, it's human nature, you know, it's, it's not something to try and completely eliminate because I don't think that would be possible. But I think it's really

completely eliminate, because I don't think that would be possible. But I think it's really important to teach our children to try and be open minded. And, and to try and be aware of looking at things from a different perspective. And I think that's something parents or teachers can do is that if a child says one thing, like, okay, sure, maybe you wanted to play, you know, basketball, and your friend wanted to play baseball, but, you know, maybe they're not good at basketball. And so, you know, so you can just try and, you know, give, give some examples or talk things through a little bit to, to have a different perspective. Like I said, I think there, there certainly are journalists, and I certainly consider KidNuz among them, who try very hard to remain as objective and neutral as possible. And there are certain words that that you try and avoid, you know, and one example is, you know, with the Black Lives Matter issue, which which we covered, you know, very carefully in the last previous year, you know, there's some criticism that if it's Black people who "riot," who protest, it's a riot. If it's white people, it's a protest. So you really have to watch your language and be mindful of that to the best of your ability. If we get complaints on both sides, I figured that we're doing a good job, we're kind of in the middle, you know, which, which has happened. So you know, so that's, that's important. But as far as teaching our children about bias, I think, you know, the more experience you have, the better you can be, at least as far as journalists go, you know, you sometimes, you learn lessons the hard way, about you think you're being objective, but people look at things differently. And, you know, we certainly listen to all the feedback that we get. So, you do want to ask, you know, kind of be honest. And you know, it's interesting, because one of the big topics we cover is climate change, and I know most people consider it real, but there are some people who don't so we try and make sure that we back up with scientists and say, "This is what science is saying," and be open minded that there are people with different different viewpoints and, and, you know, welcome that as much as we can. I actually heard a really good comment of, you know, kind of podcast about listening to people with a different viewpoint. And instead of just trying to argue or disagree with them just say, "Gee, I never thought of it that way," you know. "Tell me, how did you reach that decision?" Or "How did you reach that, that viewpoint?" and get them to explain it a little bit more, and maybe you'll learn something in the process, too.

J

Jasmine Bradshaw 20:32

That is so powerful, that's so powerful. And it goes right along with what we teach at First Name Basis with getting to know people who are different from you. And that's how we kind of break down these walls and these barriers. And with KidNuz, I remember the first impeachment trial that you guys covered. And that was what really blew me away about KidNuz. Because I was so anxious. I mean, playing this news for 30 students...you never know what people are hearing at home and things like that. And I would always, me and the teacher I was working with, we would screen it beforehand to make sure and we were able to play every single episode, because you just talked about what was happening. You didn't give any opinions on what was happening, or, you know, tell the children what they should be thinking about it, it was just like, "This is what happened today." And I really, really appreciated that.

T

Tori Nelson 21:21

Yeah, that's so interesting you brought up that particular topic, because there was, there were so many very delicate issues, I think we can say, in the last year, that, you know, we had to choose which ones to cover and which ones not to. And then the ones that we did cover, I kind of said, you know, sometimes we handle them with kid gloves, you know, you just give a very, you stand back and just give a very kind of a minimal touch to it. And for me, the best way to

describe it is that we offer teachers and parents a door, and so that, you know, we'll we'll touch on a topic, and if the parent or teacher wants to explore that topic, further, they can open the door, and then they can choose to go down and offer more information. But if they don't feel the child's ready, or they're not comfortable, they can just keep keep that door closed and move on to the next story. So and then, you know, kind of that also comes up to you know, what has been a big story in the news of the last couple days is this horrible shooting in Boulder. And, you know, as much as we try to at least include some stories that are in the headlines, there are some that we just stay away from. And, and this is one of them, because there's really nothing to gain to tell a child about this. And and we want to make sure that the adults, like, you trust us and that we will only have topics that have some potential gain for a child to learn from. And I think the Black Lives Matter is a great example where we can explain about, you know, the striving for equality and justice and, and, you know, making the world a better place for everybody. A shooting in a grocery store, that, I mean that...it's so random. It's so terrifying that there's really no benefit to it. So we just we're not even gonna go there. So it's part of our experience as a journalist and as experienced moms because, you know, between the four founders we have you know, about 12 kids and, and about nine Emmys. So, you know, so we're, you know, well versed in that. And, and so we do that our stories very carefully. And I when I write as a script, which I said I'm doing right now, we I usually end up you know, six stories in the podcast, but I look for about 12, sometimes 14 different stories and then figure out like, "Nah, that's kind of boring," you know, "That's kind of confusing. Yeah, we've got three different stories of animals in here. We don't want to overwhelm animal lovers." So so we do, you know, pick and choose very carefully. And thank goodness, we have the most amazing editor who is just this incredible wordsmith and makes it fun. And our main goal is not to talk down to kids. You know, we don't we don't want to have you know, children, feel like they're, you know, second class citizens. So we're trying to produce a newscast that is similar to what a child would hear as an adult, but just only information that's kind of at their level.

J

Jasmine Bradshaw 24:31

Mm hmm. And it's giving them an opportunity to practice interacting with news and hearing it and then talking about it with their peers. It's really powerful.

T

Tori Nelson 24:40

Yeah, and that that for me is so gratifying, the feedback we get, that it sparks conversations. I just I love that. I absolutely love that because some of these topics, I mean, some of them are fun, and some of them are a little you know, something that may be a little difficult that you would have a hard way to bring up but at least this you know this, like I said, offers a door for you to go down if you choose

J

Jasmine Bradshaw 25:00

Hmm. So what tips do you have for parents? And we kind of touched on this a little bit, but what tips do you have for parents who are talking to their children about current events that are traumatic or scary?



T

Tori Nelson 25:12

Yeah. I'm sorry, I'm not an expert on this. I mean, I know, you know, there's probably more, you know, children's psychologists that know more than I do. But a personal example, the biggest traumatic event I talked to my children about was 911. And I was, you know, at the TV station when the planes hit the towers. And my husband was actually on a business trip in Washington, DC, saw the smoke in the Pentagon, was supposed to fly home, you know, on that flight, which was, you know, the next day and obviously, couldn't. So it was interesting. So, you know, just pedal to the metal, you know, absolutely engrossed in the news. And literally, the, the news director kicked us out, you know, said, "You've got to go home and get some rest early afternoon, because I need you fresh to come back the next morning." And so I forced myself to unplug, and, and not listen to the news for a couple hours. And then I went to pick up my kids at school, they were in first and third grade at the time. And my older son, and I have to admit, we're all Yankee fans, he came out of school, he's like, "Mom, I heard they blew up Yankee Stadium!"

T

Tori Nelson 26:22

I'm like, "Okay, honey. Let's take a breath. Let's go home. And we'll sit down, and we'll talk about it." And so this gets to what I understand is, the best way to do it, is to ask your children, "What do you know? What have you heard about this story?" And then, you know, "What questions do you have?" And then explain it in the best level that's appropriate for them, for the, for their age, and their sensitivity level. And you know, what you feel comfortable sharing, but from what I understand, you know, the advice I've read is, you know, to be calm, and be factual, and, and most important, open it up for questions. And after I had a little conversation with my kids, you know, around the kitchen table, you know, with their snacks, and I said, "Do you guys have any questions?" And my older son said, "Yes, Mom," I said, "What, honey?" He said, "Can we go play catch?" I said, "Absolutely. Let's go." That's exactly, so, I mean, and I did let them watch the news that evening, because I knew this was going to be such a, just a landmark event in the history of the country, and that they would need to remember it. So and it was fascinating, their response, you know, one of them drew a picture of what they saw on TV, and the other one, like, built a Lego tower and knocked it down, and just just how they expressed themselves, you know, was amazing. And so getting back to other, you know, any other big events, just observe your children and see what their body language is and how they're feeling. And I guess to obviously, continue the conversation, it's not one and done. But you know, if you see something later on the news, you know, like, like, "How are you feeling about that? You know, what are you thinking?" And, and that's, that's really important. I know, people have probably heard about the shooting in Boulder, and, you know, you know, kids, some kids are hearing about it. And so I think that'd be important for parents to have a conversation to, you know, just say, "What are you hearing? What are your questions?" I mean, I, you know, a kid might wonder, "Gee, are we gonna get shot if we go to the grocery store?" You know, you know, the, the odds are highly unlikely. And the other thing, which I tried to, you know, I know, a lot of people say, "Oh, I don't watch the news. It's all bad. When, someone, when I first started in the business said, "A different way to look at it is what's news is what's different. And often, what's different is what's bad, because overall, the world is a good place." And, you know, if you said, "Well, you know, someone, a teacher, you know, smiled, and, you know, at a child and, you know, gave them a flower or something," like okay, you know, that happens every day, you know. And if something negative happens, well, that's really different. So that that becomes news, which is an unfortunate thing, but that's, you know, the, the way it works. So, so for us our struggle, often because you look at the headlines and again, writing the

podcast, you know, it's "Negative, negative, negative...oh, wait, here's the positive story. Okay, let's grab that and put that in the pile to consider for our podcast." So we do try and focus on as much positive news as we can. Kid-based news. I mean, I have a couple stories about an eight-year-old who set a new record for solving three Rubik's Cubes at a time so I'm old Honestly, and like I know, I didn't know. And he uses his hands and his feet. And he did three. And like, you know, less than a minute and a half. So, um, so, you know, we end these, like you said, eight. So it's right in our target age groups. So most of the kind of stories that we try and do, but um, anyway, so I hope that that answered your question about how to talk to kids about traumatic or scary events, you know, because, sadly there, they're out there. I mean, it does exist, and we wish we could raise our children in a bubble, but it's just not not the way it works, unfortunately.

J Jasmine Bradshaw 26:22
Oh, my goodness

J Jasmine Bradshaw 30:38
Well, I'm really grateful that you reminded all of us that the world is mostly a good place, because I think after the year that we've all had we needed that reminder. So thank you, my heart at least needed that reminder.

T Tori Nelson 30:54
Oh, good. Oh, good. I'm glad.

J Jasmine Bradshaw 30:57
I'm, so I'm sure after listening to this episode, everyone is of course going to need to hear KidNuz. So where can we find you? Where can we listen to KidNuz?

T Tori Nelson 31:06
Oh, well, KidNuz is pretty much anywhere you can get a podcast: iTunes, Spotify, Stitcher...you can go to the website, www.kidnuz.org. And you can subscribe. You can get daily emails if you'd like. And we have a KidNuz club for kids to join and they can get a few special bonuses: we have a weekly word search of some of the you know, words that were in the podcast that week; they can get a birthday greeting email on their birthday, me wishing them a happy birthday. And eventually, we're hoping to do a couple of fun, bonus podcasts. We're working on that. And we also have a teacher's lounge. So we have teacher shout outs right now, which are becoming super popular. We have a new list of you know, a couple months actually. So we're trying to get five teachers shoutouts a day. And we have some resources. So if people want more information on a certain topic with you know, they can they can go to those, that resource page, and and click on the links there.

J Jasmine Bradshaw 32:21

Yes, the teachers lounge is fantastic, I have to attest. It's great for parents and for teachers for talking about tough topics that are in the news right now.

T Tori Nelson 32:29

Yeah, yeah. Yep. And I think we have one. And I think we're going to have a blog coming up in the next week or so about kind of about this topic. And if it's okay, we'd like to post a link to this as well.

J Jasmine Bradshaw 32:43

Oh, of course. Okay. Yeah, of course. I'd be honored. Oh, my goodness. Well, thank you, Tori, so much. This has been such a pleasure to talk to you. And I'm so grateful for your experience and your advice. And I can't wait for our parents to hear all that you have to share.

T Tori Nelson 33:00

Well, thank you so much, Jasmine. I really appreciate the opportunity to tell more about KidNuz. And it's been great talking with you too.

J Jasmine Bradshaw 33:06

Okay, I have to ask, do you feel more confident? Do you feel more prepared to talk to your children about current events, and to help them understand the media and to help them build their media literacy? Because after hearing from Tori, I just feel like, "Okay, I can breathe." We can do this, we can do this together. And I hope that you will use KidNuz to do that. Use KidNuz as your anchor when something happens and you're not quite sure how to bring it up with your kids, sit down and listen to it together. That is something that I will always turn to. So just remember, you can find KidNuz on any podcasting app, or at kidnuz.org. That's kidN-U-Z.org.

J Jasmine Bradshaw 33:55

My friends, thank you for being here. I hope you can feel how much I believe in you, and how deeply I know that when we work together, we can make real change in our communities. Any of the books or podcasts or articles that I reference will be linked in the show notes. If you are looking for more detailed notes, be sure to head over to our Patreon community. On our Patreon site I provide all of the outlines that I use to make the episodes and everything is linked there so you don't have to take furious notes while you are listening. And don't forget to join us over on Instagram [@firstname.basis](https://www.instagram.com/firstname.basis). If you're interested in partnering with First Name Basis or doing some kind of collaboration, please email us at hello@firstnamebasis.org All right, have a great week, my friends and I will talk to you again soon.

